Compare a date with two dates

Excel sheet 1:

E	F	
Navn Arbejdstager	Dato	k
Mr X	07-01-2020	

Excel sheet 2:

D	E	G	
eInd fraDato	eInd tilDato	Navn Arbejdstager	
21-12-2019	20-01-2020	Mr X	

Issue:

I would like to check if dimension Dato is between eInd fra Dato and eInd tilDato.

Scenario:

I bring in data into webi through an excel file. The respective dates exist in two different excel sheets (in the same excel file).